

Appendix - "A"

DIET SCALE FOR PRISONERS

A PER DAY EACH INMATE	NON LABOURING	LABOURING
1. Atta/Rice	0.580 Kgs	0.600 Kgs
2. Mustard oil	0.025 Kgs	0.030 Kgs
3. Dal all kinds	0.070 Kgs	0.080 Kgs
4. Salt	0.015 Kgs	0.015 Kgs
5. Sugar	0.040 Kgs	0.045 Kgs
6. Tea	0.003 Kgs	0.003 Kgs
7. Haldi	0.025 Kgs	0.025 Kgs
8. Mirch	0.025 Kgs	0.025 Kgs
9. Vegetables	0.232 Kgs	0.250 Kgs
10. Fire Wood	1.000 Kgs	1.000 Kgs
11. Dattan Phlv	1 No. Daily	1 No. Daily
12. Kachori	2 No. each	2 Nos. Daily
13. Milk	0.100 Kgs	0.150 Kgs
14. Onion	0.020 Kgs	0.020 Kgs
15. Garlic(Thoom)	0.010 Kgs	0.010 Kgs
16. Ginger(Adarak)	0.005 Kgs	0.005 Kgs
17. Lemon	1 No May to Sept.	1 No (From

Daily)

B. WEEKLY ISSUE (SUNDAY)

1. Cheese/Meat	0.058 Kgs	0.065 Kgs
2. Fire Wood	0.100 Kgs	0.100 Kgs
3. Haldi/Mirch	0.004 Kgs	0.004 Kgs
4. Mustard oil	0.006 Kgs	0.006 Kgs
5. Salt	0.006 Kgs	0.006 Kgs
Soap	2 Cakes monthly of 150 gms. each.	
Detergent for washing	2 Cakes monthly of 125 gms. each	
6. Mustard oil for massage	0.058 Kgs	0.060 Kgs

C. FESTIVALS:

Rs. 10/- may be paid to each prisoner on the following festivals:-

1. Republic Day
2. Mahashivratri.
3. Shab-i-Miraj.
4. Idd-ul-Fiter
5. Idd-ul-Zuha
6. Ram Janamashtami.
7. Diwali.
8. Guru Nanak's Birthday.

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Notification.

Srinagar, the 14/5 May, 2009

SRO/129/- In exercise of the powers conferred by section 59 and 60 of the Prisons Act, 1977 (1920 A.D.), section 51 of the Prisoners Act, 1977 (1920 A.D.) and all other powers enabling it in this behalf, the Government hereby make the following amendments in the Manual for the Superintendence and Management of Jails in the State of Jammu and Kashmir, namely:-

2/5
I. In Chapter XIX the existing para 19.8 shall be renumbered as 19.8.1 and the thereafter the following para shall be inserted:-

“19.8.2 A Child with its mother is not a prisoner and is entitled to food, shelter, medical care, clothing, education and recreational facilities as a matter of right.”

II. After Para 19.8.2 the following para shall be inserted:-

“19.9.1 Before sending a woman who is pregnant to jail, it shall be ensured that the jail in question has the maximum basic facilities for child delivery as well as for providing prenatal and postnatal care for both mother and child. The facilities of District Government Hospital must be availed.”

III. The existing para 19.9 shall be renumbered as para 19.9.2.

IV. Para 19.10 shall be substituted by the following :-

“19.10.1 As far as possible remedies shall be made available to pregnant female prisoner to have her delivery outside the prison and where birth takes place in prison, only the name of the locality shall be recorded with the birth registration office.

19.10.2 A female prisoner shall be allowed to keep her child till it attains the age of six years. Thereafter, the child shall be handed over to suitable surrogate as per the wishes of the mother or shall be sent to suitable institution run by the Social Welfare Department. The children admitted outside the jail shall be allowed to meet their mother in the jail once a week.

cc of the P. G. Prisons
563
14-5-09
19.10.3 The child shall be given proper education and recreation opportunities and shall be kept in crèche or nursery, which shall preferably be run outside the main prison premises.

19.10.4 Every child who is allowed to remain with his/her mother in the jail shall be provided the facility of crèche/nursery and visitation by relatives and NGOs.

(18)

19.10.5 The Children should be provided diet as per medical norms and calorific requirements as under:-

Balanced Diet	Scale of food (in grams)		
	6-12 month	1-3 years	4-6 years
Cereals and millets	45	60-120	150-210
Pulses	15	30	45
Milk	500 ml (unless breastfed, in which case 200 ml)		
Roots and tubers	50	50	100
Green leafy vegetables	25	50	50
Other vegetables	25	50	50
Fruits	100	100	100
Sugar	25	25	30
Fats/oils	10	20	25

One portion of pulses may be exchanged with one portion (50 grams) of egg/meat/fish.”

V. In para 19.11 the words “four” and “may” shall be substituted by the words “six” and “Should” respectively.

VI. In Chapter XXXI, Para 31.12 shall be substituted by the following:-

“31.12 Children in jails shall be provided with adequate clothing as per local climatic requirements along with toys and pre nursery coaching in jail”.

By order of the Government of Jammu and Kashmir.

(Verghese Samuel)
Financial Commissioner
Home Department.

No: Home/48/2006/Jail

Dated: 14 -05- 2009

Copy to the :-

1. Director General of Police, J&K, PHQ, Srinagar.
2. Principal Secretary to His Excellency the Governor.
3. Principal Secretary to Government, Law Department (w.7.s.c.)
- ✓ 4. Incharge Director General of Police (Prisons), J&K, Srinagar.
5. General Manager, Government Press, Jammu for publication in the next issue of Government Gazette.
6. PS to Financial Commissioner, (Home)
7. PA to Special Secretary (Home)
8. Stock file

Government of Jammu and Kashmir
Civil Secretariat, Home Department

Notification
Srinagar, the 26/11 July 2010

SRO 279 .- In exercise of the powers conferred by sections 59 and 60 of the Prisons Act, 1977 (1920 AD) Government hereby makes the following amendments in the Manual for the Superintendence and Management of Jails in the State of Jammu and Kashmir; namely:-

In Appendix A to Chapter XXX

- i. the entries against S. No. 1 of para A under the heading "Non Labouring" and "Labouring" shall respectively shall be substituted by the following.
"0.500 Kgs and 0.600 Kgs" AND
- ii. the entries against S. No. 1 of para B under the aforesaid headings shall be substituted by the following:-
"0.100 Kgs and 0.100 Kgs"

By order of Government of Jammu and Kashmir

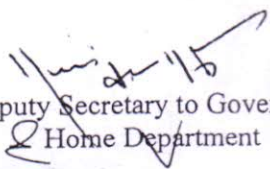
Sd/-
Financial Commissioner,
Home Department

No: Home/105/Jail/2009

Dated: 26-07-2010

Copy to the:-

1. Secretary to Government, Law Department (w.7. s.c)
2. Inspector General, Prisons Department, J&K Srinagar with reference to his letter no. Accts/393/2176 dated: 29-07-2009.
3. General Manager Government Press Srinagar/Jammu
4. SRO file/Stock file.


Deputy Secretary to Government
Home Department

